

The Holy Eucharist
The Third Sunday after the Epiphany
10:00 AM



January 21, 2024

The Episcopal Church of St. Mary of the Harbor
Provincetown

Where the Land, the Sea, and the Sacred Meet

Welcome to St. Mary of the Harbor

A warm welcome to you! Here at St. Mary's, we welcome you with open arms and open hearts, to share with you the love with which Christ has welcomed us. Whoever you are, wherever you may be in life, there is a place for you here. In this beautiful place, you will find sojourners like yourself who are searching for truth, meaning, and purpose. And we invite you to explore and experience the gift of God's love in this place where the land, the sea, and the sacred meet.

Worship Guidance

Everything you need to guide you through today's service will be found in this bulletin, or in the hymnals in the chair just in front of you. You are invited to join in prayers and responses when the words are in **bold-faced** print in the leaflet. Most hymns may be found in *The Hymnal 1982*, the large blue hymnal. Occasionally hymns may be drawn from the green hymnal *Wonder, Love, and Praise* (abbreviated WLP in your bulletin), or from *Lift Every Voice and Sing* (abbreviated LEVAS).

Hospitality after Sunday Service

Right after this service, a time of hospitality will be offered in Nicholson Hall. All are welcome!

Vestry Officers

Pat Penza, Senior Warden
John Carroll-Yagel, Junior Warden
John Loftin, Treasurer
Judy Dozois, Clerk

Vestry Members

Tim Brown	Harry Ellsworth
Phil Franchini	Alex Glowacki
Anita McGahan	Janet Whelan

This Sunday's Leadership

Presider: The Rev. Brian Raiche
Deacon: The Rev. Bruce Mason
Organist: Bill Carlson
Crucifer: Sharon Inger
Lector: Beth Chapman
Healer: Mary Jo Avellar
Ushers: Scott Yagel and Harry Ellsworth
Altar Guild: John Loftin and John Carroll
Livestream: Loren Lee

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Gathering Hymn

The Summons

Gather Comprehensive 2 #687

1. Will you come and fol - low me If I but
 2. Will you leave your - self be - hind If I but
 3. Will you let the blind - ed see If I but
 4. Will you love the 'you' you hide If I but
 5. Lord, your sum - mons ech - oes true When you but

call your name? Will you go where
 call your name? Will you care for
 call your name? Will you set the
 call your name? Will you quell the
 call my name. Let me turn and

you don't know And nev - er be the same?
 cruel and kind And nev - er be the same?
 pris - 'ners free And nev - er be the same?
 fear in - side And nev - er be the same?
 fol - low you And nev - er be the same.

Will you let my love be shown, Will you
 Will you risk the hos - tile stare Should your
 Will you kiss the lep - er clean, And do
 Will you use the faith you've found To re -
 In your com - pa - ny I'll go Where your

let my name be known, Will you let my
 life at - tract or scare? Will you let me
 such as this un - seen, And ad - mit to
 shape the world a - round, Through my sight and
 love and foot - steps show. Thus I'll move and

life be grown In you and you in me?
 an - swer prayer In you and you in me?
 what I mean In you and you in me?
 touch and sound In you and you in me?
 live and grow In you and you in me.

Text: John L. Bell, b.1949, © 1987, Iona Community, GIA Publications, Inc., agent
 Tune: KELVINGROVE, 7 6 7 6 777 6; Scottish traditional; arr. by John L. Bell, b.1949

Opening Acclamation

Presider: Blessed be God, Creator, Christ and Holy Spirit.

People: And blessed be God's kingdom, now and forever.

The Collect for Purity

People: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria

My Heart Sings Out #9

Refrain

Glo - ri - a, glo - ri - a, in ex - cel - sis De - o!

Glo - ri - a, glo - ri - a, al - le - lu - ia, al - le - lu - ia!

Words: from The Book of Common Prayer (1979) of the Episcopal Church USA.
Music: Jacques Berthier (1923-1994) © GIA Publications, Inc. 7404 S. Mason Ave., Chicago, IL 60638 [www.giamusic.com].
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Collect of the day

Presider: The Lord be with you.

People: And also with you.

Presider: Let us pray:

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading: *Jonah 3:1-5, 10*

A Reading from the Book of Jonah

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Psalm 62:6-14

Read responsively by full verse

For God alone my soul in silence waits; *
truly, my hope is in him.

He alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken.

In God is my safety and my honor; *
God is my strong rock and my refuge.

Put your trust in him always, O people, *
pour out your hearts before him, for God is our refuge.

Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.

On the scales they are lighter than a breath, *
all of them together.

Put no trust in extortion; in robbery take no empty pride; *
though wealth increase, set not your heart upon it.

God has spoken once, twice have I heard it, *
that power belongs to God.

Steadfast love is yours, O Lord, *
for you repay everyone according to his deeds.

Second Reading: 1 Corinthians 7:29-31

A Reading from the First Letter of Paul to the Corinthians.

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Gospel Acclamation

Gather Comprehensive 2 #260



Music: Norah Duncan IV, © 1987, GIA Publications, Inc.

Gospel: Mark 1:14-20

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you Lord Christ.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord.

Praise to You, Lord Christ.

Sermon

The Rev. Brian Raiche

The Creed

I Believe In God Almighty

WLP #769

Prayers of the People

Form IV

Presider: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy, **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy, **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy, **Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy, **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; we remember all those on our parish prayer list: Joan Boudreau, Ken Barry, Towanda deNagy, Diana Hardy, Priscilla McChesney, Maureen Cronin, Ollie Ahmuty, Joan Walter, Joan Marshall, David Griffiths, Peggy Cassano, Phil Franchini, Richard Cuciniello, Bruce Mason, Tom Peters, Bobby Taylor, and all those listed on our Parish Prayer List. And for those who are known to us in our hearts, those known only to you, and for those whose names are spoken on our lips: (*You are invited to offer your own intentions aloud or silently*). Give them courage and hope in their troubles, and bring them the joy of your salvation.

Lord, in your mercy, **Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy, **Hear our prayer.**

Closing Collect

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your people, the Church, and give to us the peace and unity of that heavenly City, where you live and reign, now and for ever. **Amen.**

The prayers are concluded with hymn # 608, verse 1

**Eternal Father, strong to save, whose arm hath bound the restless wave,
who bidd'st the mighty ocean deep its own appointed limits keep:
O hear us when we cry to thee for those in peril on the sea.**

Confession of Sin

Let us confess our sins against God and our neighbor.

Enriching Our Worship 1

All:

**God of all mercy,
we confess that we have sinned against you, opposing your will in our lives.
We have denied your goodness in each other, in ourselves, and in the world
you have created. We repent of the evil that enslaves us, the evil we have done,
and the evil done on our behalf. Forgive, restore, and strengthen us through
our Savior Jesus Christ, that we may abide in your love and serve only your
will. Amen.**

Presider: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

Birthday and Anniversary Blessings

Birthdays:

O God, our times are in your hand: Look with favor, we pray, on your servant *N* as *he* begins another year. Grant that *he* may grow in wisdom and grace, and strengthen *his* trust in your goodness all the days of *his* life; through Jesus Christ our Lord. **Amen.**

Anniversaries:

Almighty and everliving God: look tenderly upon your servants, who stand before you in the company of your Church. Lift them up in joy in their life together. Grant them so to love selflessly and live humbly, that they may be to one another and to the world a witness and sign of your never-failing care; through Jesus Christ our Lord, **Amen**

Liturgy of the Table

Invitation:

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Preparation of the Table

In the Bleak Midwinter

Gustav Holst, arr by Kurt Bestor

Presentation of the Gifts

Jesus Calls Us

Hymnal #550

The Great Thanksgiving

Eucharistic Prayer C

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People: By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People: Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People: By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



And so, God our Creator, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
People: We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Ancestors: God of Abraham and Sarah, Isaac and Rebecca, and Jacob and Rachel; God of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People: Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen

The Breaking of the Bread

Presider Alleluia. This is the true bread which comes down from heaven
and gives life to the world.

People Whoever eats this bread will live for ever. Alleluia.

Fraction Anthem

Antiphon
Cantor, then all

The dis - ci - ples knew the Lord — Je - sus — in the break - ing —

— of the bread.

the verses

1. The bread which we break, Al - le - lu -
2. One bo - dy are we, Al - le - lu -

All repeat Antiphon

ia, is the com - mun - ion of the Bod - y of Christ.
ia, for though — ma - ny we share one — bread.

Invitation to Communion

In this house which bears the name Mary, all are welcome to share the one she bore, Jesus the Bread of Life.

Communion Hymn: Lord, When You Came/Pescador de Hombres

GC #678

Verses



1. Lord,	when you came to the sea - shore
2. Lord,	you knew what my boat car - ried:
3. Lord,	have you need of my la - bor,
4. Lord,	send me where you would have me,
1. Tú	has ve - ni - do a la o - ri - lla,
2. Tú	sa - bes bien lo que ten - go,
3. Tú	ne - ce - si - tas mis ma - nos,
4. Tú	pes - ca - dor de o - tros, ma - res,



You weren't seek - ing	the wise or the wealth-y,
Nei - ther mon - ey	nor weap - ons for fight - ing,
Hands for serv - ice,	a heart made for lov - ing,
To a vil - lage,	or heart of the cit - y;
<u>no</u> has bus - ca - do	<u>ni</u> a sa - bios, <u>ni</u> a ri - cos,
en mi bar - ca	<u>no</u> hay o - ro <u>ni</u> es - pa - das,
mi can - san - cio	<u>que</u> a o - tros des - can - se,
an - sia e - ter - na,	al - mas que es - pe - ran.



But on - ly ask - ing	that I might fol - low.
But nets for fish - ing,	my dai - ly la - bor.
My arms for lift - ing	the poor and bro - ken?
I will re - mem - ber	that you are with me.
<u>tan</u> só - lo quie - res	<u>que</u> yo te si - ga.
<u>tan</u> só - lo re - des	y mi tra - ba - jo.
a - mor que quie - ra	se - guir a - man - do.
A - mi - go bue - no,	<u>que</u> a - sí me lla - mas.

O Lord, in my eyes you were gaz - ing,
Se - ñor me has mi - ra - do a los o - jos,

Kind - ly smil - ing, my name you were
son - ri - en - do has di - cho mi

say - ing; All I treas - ured,
nom - bre, en la a - re - na

I have left on the sand there; Close to
he de - ja - do mi bar - ca, jun - to a

you, I will find oth - er seas.
ti bus - ca - ré o - tro mar.

Text: *Pescador de Hombres*, Cesáreo Gabaráin, © 1979, published by OCP Publications; trans. by Willard Francis Jabusch, b.1930, © 1982,
 administered by OCP Publications
 Tune: Cesáreo Gabaráin, © 1979, published by OCP Publications; acc. by Diana Kodner, b.1957

Post Communion Prayer

Enriching Our Worship

Presider: Let us pray

People: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and with one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. **Amen.**

The Blessing

Presider: The Lord be with you.

People: And also with you.

Presider: May the blessing of the God of Abraham and Sarah, and of Jesus Christ born of our sister Mary, and of the Holy Spirit, who broods over the world as a mother over her children, be upon you and remain with you always. **Amen.**

Recessional

The Strong Word did Cleave the Darkness

Hymnal #381

Dismissal

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia! Alleluia!

People: Thanks be to God. Alleluia! Alleluia!

Postlude

Voluntary on *Puer nobis nascitur*

Alec Wyton

Announcements

Winter Lunches

Each Saturday at noon during the months of January and February, parishioners from St. Mary of the Harbor cook and serve a homemade lunch to approximately 75 people. There is no charge and everyone is welcome. The menu changes each Saturday and occasionally there is musical entertainment. Your help is welcome. A sign-up sheet is located on the credenza near the bulletin board or you may contact the parish office.

Strength for the Journey

As a strong outreach for St. Mary of the Harbor, Our Strength for the Journey service is emailed through the country or we meet in person during the summer season. For further information, please contact Carolyn Smith at carjans@charter.net or Gerri Spinella at gerri.spinella@gmail.com.

A.A. Support Groups

Nicholson Hall: Monday 7:00 P.M.; Tuesday 6:00 P.M.; Wednesday 6:30 P.M.

UU Food Pantry

On the first Sunday of each month, we collect donations for the "Little Free Pantry" hosted by our friends at the Unitarian Universalist Meeting House. That pantry provides non-perishable grocery and toiletry items for anyone in need. Please consider picking up an extra item or two when you shop. Items may be left in the basket by the baptismal font at any time. Please, no perishables, no glass containers and please check expiration dates.

Parish Prayer List

We pray for healing and comfort for:

Parishioners: Joan Boudreau, Ken Barry, Towanda deNagy, Diana Hardy, Priscilla McChesney, Maureen Cronin, Ollie Ahmuty, Joan Walter, Joan Marshall, David Griffiths, Peggy Cassano, Phil Franchini, Richard Cuciniello, Bruce Mason, Tom Peters, Bobby Taylor.

Family and Friends: Jim Neely and Ann English, Kent Taylor, Hyacinth Rance, Margo Kent, Michael Mason, Terry Monaghan, Donna Pickener, Marcia McClure, Marsha Davies, Carol Studley, Marge and Donna, Patty Davenport, Peter Swanson, Scotty Townsend, Barbara Crawford

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